

Hello! This is Dorothy -

We are reading from **Ephesians chapter 6**. It is such an extraordinary chapter as we are reading about the armor that we can put on in Christ Jesus. Through the knowledge of our Lord, we can learn to rest in Him and spend time with Him, and have a peace within even though the battle is strong outside. Some of us say, “But how to?” I know, for many years, I used to sit in a good church, but nobody ever took the Bible too seriously. I used to hear all these bright ideas, and then think, “Yes, but how to? How do I do this? How does it all work?”

I want to talk to you about ***the helmet*** first of all. When we put on that helmet, we need to examine ourselves and let the Lord examine us. What is in your mind? What is going in there every day? What are we absorbing? What are we giving ourselves to?

Philippians 2 tells us -

5 Let this mind be in you, which was also in Christ Jesus. Let the mind of the Lord be that it is His humility.

6 Who . . . thought it not robbery to be equal with God. He literally was willing to lay aside everything else to be available for the purposes of coming into this world as spotless Man, that He might become your Saviour and mine.

I think our whole mind needs the covering of the helmet. As we do this, we examine our own heart to see what is in it and say, *Lord, break me and mold me. I want that fellowship. But most of all, I want the Blood to be applied to my mind. There is so*

much there that needs to be cleansed that I need to be set free from all, Lord. I want this mind to be replaced with all that is of You and thy Word. And I want to diligently give my time to studying and knowing You in this way.

That might mean that you look at your calendar and you decide that in a day, you are spending so many minutes in perhaps watching the news that you could sum up in a few minutes, and perhaps watching other things. Then, before you know it, your body is tired and you want to just relax. Your mind is being totally used by the enemy to be taking in so many things that you do not need to take in. Perhaps you are thinking, "Oh, yes, I should have that and I should buy that and if only I could do this." Would you please start to get used to asking the Lord to cleanse your mind by the power of His precious Blood? That is **the helmet**.

What about. . . ***the sword of the Spirit, which is the Word of God***? Jesus is the Word. He gave Scripture when He talked to the enemy. He did not abuse the Scripture, as the enemy did; He gave Scripture as it is. Through Scripture, He talked to the Father; His communication, at all times, is the Word. So, when you pick up your Bible, will you just take that second and just thank God that you have that Bible? There are many. many people who long to have a Bible. I do not know if you realize what a privilege it is that you have a Bible. I want you to see that number one priority on your list, that above anything else, is that you can get your hands on Holy Scriptures and treat it reverently. Accept from the Lord what He is saying. Make notes as you do it and say, *Yes, Lord, I obey You on this*. You do not have to go around to your friends and have everybody's opinion. You want an obedient heart, daily coming to the Cross and denying yourself, that the Word of God does a totally new work in you. You will be a

totally new person, I can assure you.

Also, in **verse 18 of chapter 6 of Ephesians**, we read -

18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints. What kind of praying is this? When we pray, we need to pray home the Word of God. We do not need our ideas of “This is my shopping list and God bless it and bring it to happen quickly.” We need to take God’s Word and to claim what God is saying in His Word, and to bring that Word to Him. And say, *Lord, I believe You for such a loved one. Your Word shows that you have died for the sins of the whole world. Your Word is saying these various things.* Take the Word. Start to talk to God through the Word. When you are reading the Word, just keep talking to the Lord. Say, *Yes, Lord,.You apply that to me. I accept that; I see that; I need that. Oh, may that be worked out in me.* And the very power of Jesus Christ will tune your heart.

What does it mean,. . . ***always. . . with all supplication***? That means you *stand under Him*. You cast all your cares before Him, because he cares for you. At the same time, you are believing the Lord for what He wants to do through you. You are believing the Lord for people, for nations, for the world! You are believing God, according to the Word to do those things, and He wants you to be that special intercessor, supplicating daily.

. . . and watching . . . means being *involved in the Spirit of the Lord . . . for all saints*. That is very important; it means every believer any where in the world. They are part of your family, because they came to Christ, also. Would you pray for them? Would

you enter into this?

In Jesus' Name. We love you. Bye - bye.