Discussion Ideas

Choose strategies from the list below to facilitate group discussion.

Connecting Activity

Ask each person in the group to share one fact they know about HIV/AIDS.

Discussion Questions

1. Why do people try to hide or deny the reality of AIDS in this story?
   - *Ignorance; meanness; fear.*

2. How is HIV/AIDS spread? How is HIV/AIDS not spread?
   - *Spreads through contact with blood, sexual body fluids, breast milk. Doesn't spread through other body fluids, hugs, touch.*

3. ▶What choices can a person make to ensure they are 100% safe from HIV/AIDS?
   - *Save sex for marriage; both partners be faithful sexually in marriage.*

4. How does Bahati take responsibility in this story?
   - *Brings doctor in to educate class.*

5. ▶How should you respond to a person with HIV/AIDS? How should you respond to the monster HIV?
   - *Respond to the person with love and compassion; fear the virus.*

6. ▶How have you experienced or observed the stigma and fear associated with HIV/AIDS? How can you combat this stigma?
   - *Combat stigma with education, love, acceptance, kindness, etc.*

Personal Growth Activity

Write your answer to this question: What choices will you make to be responsible sexually and ensure you stay healthy?

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Spiritual Application

Read Philippians 4:6-7. Then ask: What does God promise you in this scripture? How, according to this scripture, can you deal with fear?

Prayer Point

Lead the group in a prayer asking God to care for those who are sick in the community. Pray that they would have courage to love and care for those who are sick with HIV/AIDS. Ask God to help them choose responsible behaviour that will protect them from the monster of AIDS.

Encouragement

Challenge participants to save sex for their marriage partner. Remind them that, even if they have made a mistake, they can have the courage to change. You might share about decisions you have made to abstain or be faithful sexually. Consider reading part of Grandma's Wisdom to close the group time.

Grandma's Wisdom

Sometimes when we are suffering, we want to hide our problems. We're afraid. We don't want others to know what is wrong, especially when it is something like HIV/AIDS. But fear and superstition will not stop the monster HIV. It takes courage to stop the spread of HIV, to learn the truth about HIV and tell others. We can defeat the monster HIV if we all work together. I'm so sorry if you or someone you love has HIV/AIDS or if someone you loved has died from this disease. I wish Grandma could give you a big hug! Always remember to hold your head high. There is nothing to be ashamed of.