

Discussion Ideas



Choose strategies from the list below to facilitate group discussion.

Connecting Activity

Ask each person in the group to answer this question: What message do you hear in music, TV, and movies about sex?

Discussion Questions

1. What challenges did Karena and Toot Toot face in their relationship?
 - *Both faced the temptation to be unfaithful; Karena carries scars from past abuse; separated for long periods of time.*
2. How did the abuse Karena had suffered affect her marriage?
 - *She is insecure in her relationship, unable to trust men.*
3. What steps do Toot Toot and Karena take to protect their marriage?
 - *Exercise self-control, get tested for HIV, talk honestly and openly, commit to faithfulness.*
4. How will Toot Toot and Karena's commitment to remain faithful benefit their marriage?
 - *More trust and security, avoid sexual infections, sense of value, etc.*
5. ► As a married person, what steps could you take to protect your marriage?
 - *Talk honestly and openly, commit together to faithfulness, avoid temptations, etc.*
6. ► Do you sometimes feel insecure in your relationships with the opposite sex? If so, why? How does your insecurity affect your relationships?
 - *Insecurity makes it hard to trust, to share openly and honestly; may compromise personal values.*

Personal Growth Activity

Write your answer to this question: What boundaries could you set in your relationships now to make it easier to remain faithful when you are married?

Spiritual Application

Read I Corinthians 6:18-20. Then ask: Why does God say to flee sexual immorality (sex outside of marriage)? What does it mean to honour God with your body?

Prayer Point

Lead the group in a prayer asking God for healing of any abuse or hurt from past mistakes. Pray that God would become their security, and give them strength to abstain from sex before marriage and to be faithful in marriage.

Encouragement

Tell participants that they honour themselves and the ones they love when they make a choice to abstain and be faithful. Remind them that it is easy to do what everyone else seems to be doing. *It Takes Courage!* to be different.

Grandma's Wisdom

I think Karena and Toot Toot are going to do all right. They are talking honestly about what they are thinking and feeling, and that is the first step towards a good relationship. They were both tested for HIV, and I'm glad to say they both were free of the virus. They came back to visit us with big smiles on their faces. They made a promise to each other, to remain faithful to each other until death. I was glad to watch a couple deciding that their relationship was so important that they would promise never to let anything come between them. It takes courage to face our past mistakes, and believe the best of others.

